

Training over Christmas 2009

Normal training up to Saturday December 19th.

Dec.20th-through December 27th:Christmas Break Off

Dec.28th:8-10 AM Don Mills Gold and Pre-seniors and Seniors

Dec.28th:5-6:30 pm York mills Collegiate: Seniors-and Pre-seniors,Gold and Silver groups

Dec.29th: 8-10 am Don Mills;Seniors and Pre-seniors

8-9:30 am: Silver and Bronze.Don Mills

Dec.30th:8-10 am:Don Mills: Seniors ,Pre-seniors and Gold.

Dec.30th:5-6:30 pm: York mills:Seniors,Pre-seniors and Gold. groups

Dec.31:8-10 am:Don Mills: Seniors and Pre-seniors.

8-9:30am : Don Mills: Silver and Bronze.

Monday January 4: Back to normal schedule.